



[Serving Families is what we do best]

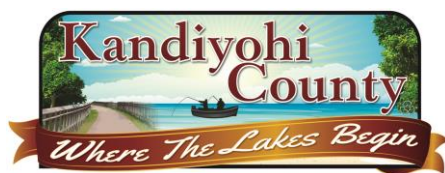
Parenting can sometimes be a demanding job, especially for parents with young children. If you're a parent with a child under age 10, and you are having a hard time caring for your child the way you want to, this program may be right for you.

"My PSOP worker helped me understand what to expect at certain ages and how to handle behaviors so I don't get frustrated."

UCAP - United Community Action Partnership

200 4th Street SW
PO Box 1359
Willmar, MN 56201

**United Community Action
Partnership is partnering with
Kandiyohi County Health and
Human Services
to provide outreach and support to
families with young children in
Kandiyohi County**



2200 23rd St NE Suite 1020
Willmar MN 56201
(320) 231-7800



PSOP

Parent Support
Outreach Program



Now there's help

Kandiyohi County Health and Human Services is partnering with United Community Action Partnership to help families that may be having a difficult time to get the extra support they need. Support services are offered when county child welfare programs become aware of families struggling with parenting issues.

As part of this effort, short-term help may be available with housing, transportation, parent education, child development activities, child care and other services. Parents may also be offered the opportunity to become involved with parenting education or support groups. These groups can help with tips on raising kids safely and provide opportunities to develop supportive relationships with others.

"The program helped me learn to cook healthy foods, do better at budgeting and how to be patient with my daughter."

Participation is voluntary. Getting some help, even for a short period of time, can make a big difference.



We focus on a family's strengths and needs. This is about working with parents who want to do what's best for their children. It's about connecting with community resources that provide the specific kinds of help families want and need.

If you would like more information on PSOP please contact Kandiyohi County Health and Human Services at (320) 231-7800 and ask to talk to intake for children's services.

Common fears about safety meetings:

My family/friends will freak out if they find out what happened!

No. Usually your supports are glad you are getting help. Often they already know what happened, is happening or suspected.

I don't want everyone knowing my business!

This can be scary, but most people invited to safety meetings will be very respectful of your privacy. We will discuss the expectation that everyone keeps your information completely private. This means that information should not be shared outside of the meeting without your permission.

Someone has asked me to be on their network... What can I expect?

- The agency would like you to come to the meetings in person.
- You can also appear by phone if you live a long distance away.
- You will decide as a support person what you *are* and *are not* willing to do to help the family/child.
- The agency would like you to follow through with the help that you offer.
- The agency will not pressure you to do things.
- You will get a copy of the family plan so each person's role in the network is clear.
- The agency expects that you keep the information shared at these meetings private.

Safety Meetings

with Kandiyohi County

Navigating Child Protection:
Rallying support to meet your family's goals and assure child safety.





What are Safety Meetings?

Safety network meetings are **strength-based**, which means you and the people you invite will be talking about what is going well for your family. Your family's strengths will be used to brainstorm solutions to the county's worries for your child's safety.

How will these meetings help my family?

- You will discover your family's strengths.
- You will rally trusted family & friends to help you reach your safety goals.
- The county will be more confident that your child is safe when you have reliable supports and a safety plan that is practiced over time.

Did you know most families that participate in safety network meetings close their case with child protection much more quickly than those who do not?

Who Should I Invite?

- Family Members
- Estranged Family Members
- Friends, Neighbors
- Godparents
- Foster Parents
- Community Elder
- Pastor, Imam, Priest
- Principal, Teacher, Coach
- School Social Worker
- Therapist / Child's Therapist
- Attorney
- Sobriety Sponsor

I don't have anyone to invite...

If you cannot think of anyone to invite, your social worker will help brainstorm who may be good supports for you.

What will we talk about?

- What is going well for your family
- The county's worries for your child's safety
- The role each participant is willing to play to support your family & increase your child's safety.
- Ways to use your family's strengths and supports to:
 - Create a Prevention Plan
 - Create a Response Plan
- The county's "Bottom Lines"
 - ***For example:*** Absolutely no one using or selling drugs around the child, no drugs in the home, vehicle, or anywhere else your child will be.

Ground Rules for Meetings:

You will be RESPECTED.

Your opinions will be HEARD.

Other people will be RESPECTED.

Other people's opinions will be HEARD.

You will know the county's WORRIES.

You will understand the county's BOTTOM LINES.

Frequent Doubts/Suspicious of Having a Meeting:

***My family/friends will
freak out if they find
out about the worries
going on in my family!***

No! Usually your supports are glad you are getting help. Usually they already know what is happening and/or had suspicions.

***I don't want everyone
knowing my business!***

This can be scary, but most people invited to support meetings are very respectful of your privacy. We will discuss the expectation that everyone keep your information completely private. This means that information should not be shared outside of the meeting without your permission.

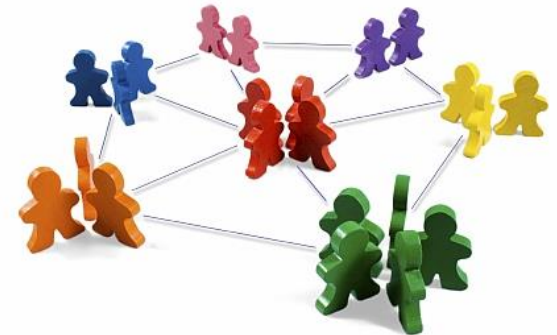
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- You will decide as a support person what you *are* and *are not* willing to do to help the family/child.
- The agency would like you to follow through with the help that you offer.
- The agency will not pressure you to do things.
- You will get a copy of the family plan so each person's role in the network is clear.
- The agency expects that you keep the information shared at these meetings private.

Support Network Meetings

with Kandiyohi County

Rallying a network to
support your family and
meet your family's needs.





What are Support Meetings?

Support network meetings are **strength-based**, which means you and the people you invite will be talking about what is going well for your family. Your family's strengths will be used to brainstorm solutions to make things better and to add support for your child and family.

How will these meetings help my family?

- You will discover your family's strengths.
- You will recruit trusted family & friends to help you reach your family goals.
- The county will provide a neutral meeting facilitator who will ensure the conversation remains focused on increasing reliable supports for your family and making a detailed plan that can be practiced over time.

Did you know utilization of support network meetings can increase your child's well-being and long term success?

Who Should I Invite?

- Family Members
- Estranged Family Members
- Family Friends
- Neighbors
- Godparents
- Community Elder
- Pastor, Imam, Priest
- Principal, Teacher, Coach
- School Social Worker
- Therapist / Child's Therapist
- Home Based Provider
- Sobriety Sponsor

I don't have anyone to invite...

If you cannot think of anyone to invite, your social worker will help brainstorm who may be good supports for you.

What will we talk about?

- What is going well for your family
- The worries about your family
- The role each participant is willing to play to support your family & building a network of shared responsibilities.
- Ways to use your family's strengths and supports to:
 - Create a Prevention Plan
 - Create a Response Plan

Ground Rules:

You will be RESPECTED.

Your opinions will be HEARD.

Other people will be RESPECTED.

Other people's opinions will be HEARD.

Our agency strongly believes that it takes a village to raise a child. Let us help you gather your village!